|  |  |
| --- | --- |
| Full Name |  |
| Address |  |
| City/State/Zip |  |
| Phone Number(s) |  |
| Email |  |
| Preferred method of contact: □ Email □ Phone Call □ Mail  Frequency of contact:  □ Bi-weekly opportunity updates □ Special events only □ Group projects only | |
| *I am over the age of 18…*  □ Yes □ No | |
| *I can volunteer…* | |
| □ Weekdays □ Evenings □ Weekends (For\_\_\_ hours/week or \_\_\_hours/month) | |
| *Please list any restrictions you may have… (Example: no heavy lifting)*  *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*  *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* | |
| *I am interested in (check in all that apply) …* | |
| □ Children/Youth □ Education □ Arts/Culture □ Family Services □ Food/Hunger  □ Health/Fitness □ Environment □ Literacy/ESL □ Employment/Training  □ Housing/Homelessness □ Hospice □ People with disabilities  □Parks and Recreation □Other: \_\_\_\_\_\_\_\_\_ | |
| *I‘d like to volunteer for the following event(s) (check all that apply)…* | |
| □ VITA (Volunteer Income Tax Assistance) □ MLK Day (Donation drive for local non-profits)  □ A Women’s Purse Auction Event □ Give It Up For Good (Resale of various donated items)  □ United for Kids Back to School Supply Drive □ Peach Festival □ Bag the Bounty (Food Drive)  □ Day of Caring (Teams of volunteers complete modest projects at a non-profit org.)  □ Holiday Family Outreach (Toy donation and food voucher holiday program) | |

Mail or email to:

United Way of Adams County

123 Buford Avenue

Gettysburg PA, 17325

717-334-5809 | info@uwadams.org

Thank you for volunteering!